

## Registration

Deadline July 15, 2010

Name:

Studio / School Affiliation

Address:

City:

State:

Zip code:

Work Phone:

Home Phone:

Cell Phone:

Email:

A \$100 non-refundable deposit is due with your registration.

Make checks payable to ***Tampa Ballet Center***

### Method of Payment

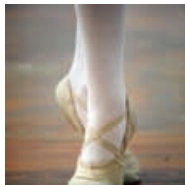
- Check  
 Credit Card accepted thru PayPal

(see [www.tampaballetcenter.com](http://www.tampaballetcenter.com) for details and a link)

### ***Tampa Ballet Center***

*Tampa's Premiere Pre-professional  
Ballet Training*

4219 W. Bay to Bay Boulevard  
Tampa, Florida 33629  
Phone: 813-831-9660



The Tampa Ballet Center is a not-for-profit 501(c)(3) classical ballet school dedicated to the development and encouragement of all dancers and by offering only the finest pre-professional and professional level ballet training in Tampa Bay.



## **Ruth C. Petrinovic's Teacher Training Workshop**

*August 2-7, 2010  
Tampa Ballet Center  
Tampa, Florida*

**Tampa Ballet Center**  
*Tampa's Premiere  
Pre-professional Ballet  
Training*

*Robin Pollara, RDE  
Director*

## Teacher Training Workshop

Ruth C. Petrinovic has been training dancers and teachers for over 40 years. Her training method applies the principles of kinesiology and anatomy to the heritage of the Vaganova, Checchetti and RAD schools.

Most students do not have the “ideal” body structure for ballet and many will develop injuries from being forced to work in a manner that is not suited for their individual body structure or type. By helping teachers understand the structural limitations of their students, the potential of injury and frustration is greatly reduced. The student will enjoy the freedom of moving with the natural flow of energy, rather than against it, allowing them to develop to their full potential.



*David Howard,  
Master Teacher*

“There are a few people in the profession that you can trust like Ruth who has the knowledge and gets results. She has been responsible for helping me achieve my position in dance today.”

## Workshop Information

### Location

Tampa Ballet Center  
4219 W. Bay to Bay Blvd, Tampa, Florida 33629  
813-831-9660  
www.tampaballetcenter.org

### Dates & Times

August 2—7, 2010 (Monday to Saturday)  
Class 10:00 a.m. to 1:00 p.m.  
Lunch 1:00 p.m. to 2:00 p.m. (on your own)  
Class 2:00 p.m. to 5:00 p.m.

### Tuition

\$800, includes workshop materials

Contact Tampa Ballet Center for suggested hotels.

## Workshop Topics

The workshop will cover topics such as:

- Understanding individual body types
- Correct postural alignment and placement
- Adaptation of traditional instructions to suit individual body types
- Exercises to prepare the body for dance.
- Use of energy patterns to move the body
- Movement motivation to achieve optimal results while executing steps
- Primary work for very young children
- Curriculum and syllabus
- Class planning with progression
- And much, much more!

## Ruth C. Petrinovic

Ms. Petrinovic began her early training in Brazil and Chile, where she later danced. She received her initial teacher training from JoAnna Kneeland, which eventually became the foundation of her teaching, using the principles of kinesiology and



*Ruth C. Petrinovic  
Master Teacher*

anatomy as applied to dance. She has been the Academy Director for Ballet Florida, School and Training Director for Richmond Ballet and Performance Director for Marin Ballet in California. For many years she served as

Director of Imperial Studios in Ft. Lauderdale while simultaneously directing the training and research program at Harkness House of Ballet Arts in New York. She then became Founder and Artistic Director of the Atlantic Foundation for the Performing Arts. Since retiring from teaching students, Ms. Petrinovic has devoted her time and energy to training teachers.